

**Classical Tafseer Class on Akhlaq - Handout**  
**Session 04 - Friday, 02 Sept 2005**

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**بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ**

**Daily Aamal for Sya'ban**

The Holy Prophet said: **“Sya'-ban is my month”**. Imam Ali bin Husayn Al Zainul Aabideen (A.S.) told his companions: “The Holy Prophet (S.A.) used to observe fast during the whole month of Sya'-ban. Therefore whosoever, in love of the Holy Prophet (S.A.), wishes to seek nearness to Allah and receive bounties, favours and rewards in this world and in the Hereafter, must connect Sya'ban with Ramadlan (in the matter of fasting and special prayers).

1. It is highly desirable to observe fast on **1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Sya'ban**, & pray every night a 2 raka'at namaaz. In every raka'at, after the recitation of Surah Al Fathihah, recite Surah Al Ikhlās 13 times.
2. Give **alms/charity** in His name
3. Recite **70 times**:
  - a. **“Astaghfirullaaha wa as aluhut taubah”**

*I seek forgiveness of Allah, and, repentant, beseech Him.*

أَسْتَغْفِرُ اللَّهَ وَأَسْأَلُهُ التَّوْبَةَ

- b. **Astaghfirullaahalladzii laa ilaaha illaa huwar rahmaanur rohiimul hayyul qayyuumu wa atuubu ilaih”**

*I seek forgiveness of Allah who is “There is no God save He”, the Beneficent, the Merciful; the Everliving, the Eternal, and I turn repentant to Him*

أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الرَّحْمَنُ الرَّحِيمُ  
الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ.

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4. Recite the following **1000 times**, whenever the count reaches 1000, at any time within the month, the a'mal is complete:

**“Laa ilaaha illallaahu walaa na'budu illaa iyyaahu mukhlisiina lahuddiina walau karihal musyrikuun”**

*There is no god save Allah. We do not worship save “He” alone, making religion pure for Him (only), however much the disbelievers be averse.*

لَا إِلَهَ إِلَّا اللَّهُ وَلَا نَعْبُدُ إِلَّا إِيَّاهُ مُخْلِصِينَ لَهُ  
الدِّينَ وَلَوْ كَرِهَ الْمُشْرِكُونَ.

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5. **On every Thursday**, fasting is recommended & recite 2 raka'at namaaz. In every raka'at, after the recitation of Surah Al Fathihah, recite Surah Al Ikhlās 100 times. After the salaam recite Shalawaat 100 times.
6. Recite the Special [Shalawaat](http://www.duas.org/shaban1.htm) taught by Imam Ali bin Husayn Al Zaynul Aabideen (A.S.) This can be found on the following URL: <http://www.duas.org/shaban1.htm>